

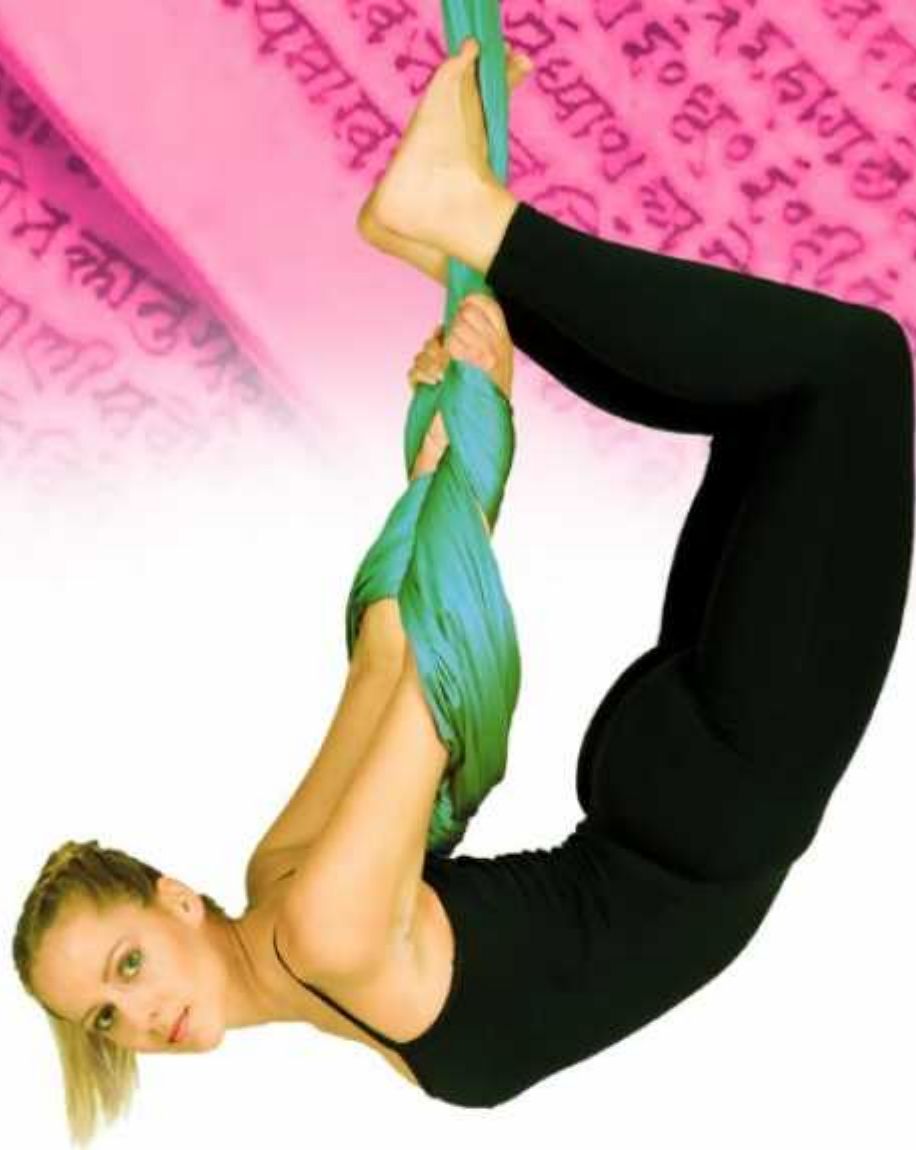
MAY 20 - 28, 2016

UNNATA® AERIAL YOGA TEACHER TRAINING MALAYSIA



No 113A & B Jalan Sutera Tanjung 8/2
Taman Sutera Utama, 81300 Skudai, Johor
Tel: 07 554 9478/ 07 562 1419
www.ompeace.com.my,  PEACE GROUP


PEACE 静心坊
STUDIO



The Unnata® Aerial Yoga Teacher Training

The Unnata Aerial Yoga teacher training is a comprehensive, immersive, eight-day advanced yoga teacher training, specifically designed for previously certified yoga teachers. Unnata is grounded in authentic yogic discipline and it is the established global leader for quality in the expanding field of "suspension training." Unnata Yoga teachers are rigorously trained to deliver fun, safe, and innovative Aerial Yoga classes to diverse populations. You can support your students to discover more correct physical alignment, invite fluidity and flexibility, access deeper strength and stamina, understand fundamentals of inversions, transform fears and self-doubt, and more. After graduating from an Unnata Aerial Yoga teacher training course, you will have the skill and confidence to immediately teach your own well-sequenced, stimulating and creative Aerial Yoga classes.

About teacher trainer:

Tanya Popovich is the co-founder and director of Swaha Yoga Center in Athens, Greece, certified Jivamukti Yoga teacher, Yoga Acharya in Sivananda tradition and Unnata® Aerial Yoga teacher trainer. In addition, Tanya studied alignment and bio-mechanics of the body through Anusara Yoga, having completed the immersions, teacher trainings and Yoga Therapeutics. Tanya teaches workshops, retreats and teacher trainings internationally, directs 300hr and 500hr Teacher Training programs at Swaha Yoga Center, and teaches Philosophy and Advanced Yogic Practices at the International Yoga Therapy Institute in New York. Tanya studied Unnata® Aerial Yoga with its founder Michelle Dortignac in 2010 in New York.

More info at www.aerialyoga.com

For enrollment please visit www.ompeace.com.my



IMPORTANT INFORMATION

Registration: **08:30 am - 09:00 am**

Instructor Training: **09:00 am – 05:00pm**

Prices

Early until 03rd May – **RM 5200 (EUR 1100)**

Regular until 13th May – **RM 5760 (EUR 1200)**

Rush until 20th May – **RM 6200 (EUR 1300)**

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- Pre-registration is highly recommended. If there is space available, the walk-in rate for onsite registration will be the **RUSH** rate.
 - For walk-in registrations, only cash and credit cards are accepted.
 - If the workshop is "sold out", walk-ins are not allowed and will not be accepted, due to safety and quality considerations.
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Deposits : **RM 1000 (EUR 250)**

Duration : **8 Days**

Pre-requisite : **Participants must already be certified Yoga Teachers**

For applications:

Peace Management

No 113A & B Jalan Sutera Tanjung 8/2

Taman Sutera Utama

81300 Skudai

Johor

Contact No : **07 554 9478/ 07 562 1419**

Website : www.ompeace.com.my

Facebook Page : **PEACE GROUP**

Operation Hours

Monday to Friday **10am to 9pm,**

Saturday **10am to 5pm**

(CLOSED: Every National & State Public Holiday)